

# JANUARY MENU

Monday	Tuesday	1 Wednesday	2 Thursday	3 Friday
		<b>No School</b>  <b>Happy New Year's Day</b>	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk  Lunch: Spanish Rice w/ Black Beans, Fruit, Milk  Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk  Lunch: Chicken Nuggets, Tater Tots, Fruit, Milk  Snack: Bananas
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Breakfast: Cereal, Fruit, Milk  Lunch: Sloppy Joe w/ground beef on a bun, Veggies, Fruit, Milk  Snack: Ritz Crackers & String Cheese	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk  Lunch: Baked Ziti topped w/ Cheese, Fruit, Milk  Snack: Chocolate Chip Cookies	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk  Lunch: Grilled Cheese, Veggies, Fruit, Milk  Snack: Cheez Its	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk  Lunch: Chicken, Broccoli & Rice Casserole w/cheese, Fruit, Milk  Snack: Animal Crackers	Breakfast: Pancakes w/Syrup, Fruit, Milk  Lunch: Fish Sticks, Mashed Potatoes, Fruit, Milk  Snack: Nutrigrain Bars
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Breakfast: Cereal, Fruit, Milk  Lunch: Breaded Chicken Patty, Vegetables, Fruit, Milk  Snack: Goldfish	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk  Lunch: BBQ Meatballs, Rice, Veggies, Milk  Snack: Cheerios	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk  Lunch: Meatless Spaghetti, Veggies, Fruit, Milk  Snack: Graham Crackers	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk  Lunch: Mac & Cheese, Veggies, Fruit, Milk  Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk  Lunch: Cheeseburgers, Veggies, Fruit, Milk  Snack: Bananas
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Breakfast: Cereal, Fruit, Milk  Lunch: Pasta Marinara, Vegetables, Fruit, Milk  Snack: Ritz Crackers & String Cheese	Breakfast: Scrambled Eggs, Toast w/Jam, Orange Wedges, Milk  Lunch: Black Beans, Rice, Veggies, Fruit, Milk  Snack: Chex Mix	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk  Lunch: Fish Sticks, Veggies, Fruit, Milk  Snack: Cheez Its	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk  Lunch: Salisbury Steak, Rice, Fruit, Milk  Snack: Animal Crackers	Breakfast: Pancakes w/Syrup, Fruit, Milk  Lunch: Chicken Nuggets, Mashed Potatoes, Fruit, Milk,  Snack: Chocolate Chip Cookies
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
Breakfast: Cereal, Fruit, Milk  Lunch: Spanish Rice w/Beans, Vegetables, Fruit, Milk  Snack: Yogurt	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk  Lunch: Turkey & Cheese Sandwich, Veggies, Fruit, Milk  Snack: Cheerios	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk  Lunch: BBQ Chicken, Rice, Fruit, Milk  Snack: Graham Crackers	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk  Lunch: Mac & Cheese, Veggies, Fruit, Milk  Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk  Lunch: Cheeseburgers, Veggies, Fruit, Milk  Snack: Bananas



Menu Subject to Change

When large amounts of snacks remain, the same snacks will be served the next day to avoid excess waste.



# FEBRUARY MENU

3 Monday	4 Tuesday	5 Wednesday	6 Thursday	7 Friday
Breakfast: Cereal, Fruit, Milk Lunch: Spanish Rice w/Beans, Vegetables, Fruit, Milk Snack: Yogurt	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk Lunch: Turkey & Cheese Sandwich, Veggies, Fruit, Milk Snack: Cheerios	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: BBQ Chicken, Rice, Fruit, Milk Snack: Graham Crackers	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Mac & Cheese, Veggies, Fruit, Milk Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Cheeseburgers, Veggies, Fruit, Milk Snack: Bananas
10	11	12	13	14
Breakfast: Cereal, Fruit, Milk Lunch: Sloppy Joe w/ground beef on a bun, Veggies, Fruit, Milk Snack: Ritz Crackers & String Cheese	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk Lunch: Baked Ziti topped w/Cheese, Fruit, Milk Snack: Chocolate Chip Cookies	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: Grilled Cheese, Veggies, Fruit, Milk Snack: Cheez Its	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Chicken, Broccoli & Rice Casserole w/cheese, Fruit, Milk Snack: Animal Crackers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Fish Sticks, Mashed Potatoes, Fruit, Milk Snack: Nutrigrain Bars
17	18	19	20	21
Breakfast: Cereal, Fruit, Milk Lunch: Breaded Chicken Patty, Vegetables, Fruit, Milk Snack: Goldfish	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk Lunch: BBQ Meatballs, Rice, Veggies, Milk Snack: Cheerios	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: Meatless Spaghetti, Veggies, Fruit, Milk Snack: Graham Crackers	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Mac & Cheese, Veggies, Fruit, Milk Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Cheeseburgers, Veggies, Fruit, Milk Snack: Bananas
24	25	26	27	28
Breakfast: Cereal, Fruit, Milk Lunch: Pasta Marinara, Vegetables, Fruit, Milk Snack: Ritz Crackers & String Cheese	Breakfast: Scrambled Eggs, Toast w/Jam, Orange Wedges, Milk Lunch: Black Beans, Rice, Veggies, Fruit, Milk Snack: Chex Mix	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: Fish Sticks, Veggies, Fruit, Milk Snack: Cheez Its	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Salisbury Steak, Rice, Fruit, Milk Snack: Animal Crackers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Chicken Nuggets, Mashed Potatoes, Fruit, Milk, Snack: Chocolate Chip Cookies



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# MARCH MENU

2 Monday	3 Tuesday	4 Wednesday	5 Thursday	6 Friday
Breakfast: Cereal, Fruit, Milk Lunch: Spanish Rice w/Beans, Vegetables, Fruit, Milk Snack: Yogurt	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk Lunch: Turkey & Cheese Sandwich, Veggies, Fruit, Milk Snack: Cheerios	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: BBQ Chicken, Rice, Fruit, Milk Snack: Graham Crackers	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Mac & Cheese, Veggies, Fruit, Milk Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Cheeseburgers, Veggies, Fruit, Milk Snack: Bananas
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Breakfast: Cereal, Fruit, Milk Lunch: Sloppy Joe w/ground beef on a bun, Veggies, Fruit, Milk Snack: Ritz Crackers & String Cheese	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk Lunch: Baked Ziti topped w/ Cheese, Fruit, Milk Snack: Chocolate Chip Cookies	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: Grilled Cheese, Veggies, Fruit, Milk Snack: Cheez Its	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Chicken, Broccoli & Rice Casserole w/cheese, Fruit, Milk Snack: Animal Crackers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Fish Sticks, Mashed Potatoes, Fruit, Milk Snack: Nutrigrain Bars
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Breakfast: Cereal, Fruit, Milk Lunch: Breaded Chicken Patty, Vegetables, Fruit, Milk Snack: Goldfish	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk Lunch: BBQ Meatballs, Rice, Veggies, Milk Snack: Cheerios	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: Meatless Spaghetti, Veggies, Fruit, Milk Snack: Graham Crackers	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Mac & Cheese, Veggies, Fruit, Milk Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Chicken Nuggets, Mashed Potatoes, Fruit, Milk Snack: Bananas
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Breakfast: Cereal, Fruit, Milk Lunch: Pasta Marinara, Vegetables, Fruit, Milk Snack: Ritz Crackers & String Cheese	Breakfast: Scrambled Eggs, Toast w/Jam, Orange Wedges, Milk Lunch: Black Beans, Rice, Veggies, Fruit, Milk Snack: Chex Mix	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: Fish Sticks, Veggies, Fruit, Milk Snack: Cheez Its	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Salisbury Steak, Rice, Fruit, Milk Snack: Animal Crackers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Cheeseburgers, Veggies, Fruit, Milk Snack: Chocolate Chip Cookies
<b>30</b>	<b>31</b>	<b>April 1</b>	<b>April 2</b>	<b>April 3</b>
Breakfast: Cereal, Fruit, Milk Lunch: Spanish Rice w/Beans, Vegetables, Fruit, Milk Snack: Yogurt	Breakfast: Scrambled Eggs, Toast w/Jam, Fruit, Milk Lunch: Turkey & Cheese Sandwich, Veggies, Fruit, Milk Snack: Cheerios	Breakfast: Waffles w/Syrup, Turkey Sausage Link, Milk Lunch: BBQ Chicken, Rice, Fruit, Milk Snack: Graham Crackers	Breakfast: Scrambled Eggs, Blueberry Muffin, Milk Lunch: Mac & Cheese, Veggies, Fruit, Milk Snack: Nilla Wafers	Breakfast: Pancakes w/Syrup, Fruit, Milk Lunch: Chicken Nuggets, Mashed Potatoes, Fruit, Milk Snack: Bananas



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